

# Saheli Trust: Annual Report 2015



[www.sahelitrust.com](http://www.sahelitrust.com)

Saheli Trust, Shivam Vihar, Jakhan, Dehradun – 248001, Uttarakhand, India

Saheli Trust is a duly registered “not for profit” trust working in Dehradun, Uttarakhand, India towards women’s empowerment, prevention of domestic violence and helping victims of domestic violence & abused girls. It was registered in April 2013 and has since been working tirelessly in making the “weaker” sex “stronger”. Our accounts are duly audited by an independent auditor and donations to the Trust are exempt from Income Tax under Sec 80G of Income Tax Act.

## Message from Shruti Kaushik

Dr BC Roy Memorial Award for Social Service" 2015



It brings me great pleasure to share with you our Annual Report for the year 2015. I’m happy to say that this year, we actually achieved more than what we set out to, despite our limited resources.

The Saheli Self Help Group bloomed, from a small roadside stall, it turned into a kiosk in one of the biggest malls of Dehradun and it’s performance beat our own supposedly too optimistic, projections. Saheli Women’s & Children’s Shelter shifted to a bigger accommodation yet it became full in a very short span of time, highlighting the fact that the need for safe accommodation for women and children far surpass the facilities. The challenge therefore is to keep growing.




Our very own crèche for working women called “Little Angel’s Creche” started in June 2015 and now helps working women in the area, many of whom previously simply could not work despite financial hardships.

We will continue to grow, we have many visions for the future, many goals to meet and I’m sure with your blessings we will continue to surpass our own targets. Lastly, in case you’ve not been getting our monthly newsletter, please do send me an email.

(Shruti Kaushik)

15- Jan-2016

## Trustees of Saheli Trust

	Manju Kaushik	President	She is an educationist and has decades of experience as a social worker behind her. She is extremely active in helping domestic violence victims.
	Shruti Kaushik	Secretary	25 year old girl, who is the main force behind Saheli. Has given up a lucrative career in corporate sector to work among rural women.
	Dr Nitin Pandey	Patron	He is a well-known Paediatrician who is active in the field of environmental protection.

## Saheli Women's Shelter



Provides love, care, accommodation, food & personal requirements for all those who make the shelter their home. As of 31<sup>st</sup> December 2015 we have 4 children, 4 adolescent girls & 3 adult women for the long term, while innumerable come for shorter stays and go back when conditions in their home become better. Children go to regular school and we cover legal expenses of women who are victims of domestic violence.



It is our endeavour to empower women who come to us for help and enable them to stand on their own feet as soon as possible. We help them get training and appropriate jobs. The above pictures are of 29 year Radhika, on the left is 2013 when she came to us after 8 years of marital abuse and needed help and on the right is a recent picture, in her own rented home. She now works in a factory, is independent, self-confident and supports herself.

## Saheli Self Help Group

Women's Empowerment is meaningless if it does not come with financial security and independence. Therefore Saheli started a Self Help Group (SHG) as it's very first project, in April 2013. Rural women, staying in Sewla Kalan village were taught making of handicraft items, then given the raw material to make them and their products sold in the market. The sales so generated were distributed among the women.

The project was supported by the Sir Ratan Tata Memorial Fund, Mumbai for the initial one year. A kiosk was set up in Pacific Mall, one of the biggest Malls in Dehradun. So good were our products that the actual sales were double those projected and we achieved self-sufficiency in a relatively short period of a year.



Thread Lamps

The effect of SHG was dramatic on the women. These women, who previously had never ventured out of their homes alone, soon turned into confident productive young adults.

In December 2015, Aakriti Bisht, ex faculty of Delhi College of Art, joined the Self Help Group as Assistant Project Manager and has brought about a professional touch to the rustic charm of our products.



Workers of SHG with Mrs Manju Kaushik, President in the center, Ms Shrutika Kaushik on the left and Ms Aakriti Bisht, on the right

As we enter our third year, we plan to look towards exporting our products and joining the World Fair Trade Organization.

## Glimpses of Saheli



### Community Contact Drives

Raising awareness about rights of women and encouraging them to stand up against Domestic Violence is one of our primary objectives for which we hold monthly meetings in different villages / slums around Dehradun. During the meetings we distribute our Women's Helpline Number, which works 24 \* 7.



### Hear me O Himalayas....



A photo exhibition of renowned Geologist Mr Vaibhav Kaul, held in India Habitat Center, New Delhi in support of Saheli Trust in September 2015.

**Celebrating 2 years of Saheli**, on 14<sup>th</sup> April 2015. Children singing an English song with Bea Fones, a volunteer from UK.



## 2015 in brief

1. **4<sup>th</sup> Jan 2015:** Bhagirath, 9 year old inmate, got operated for severe squint at Drishti Eye Hospital.
2. **10<sup>th</sup> Jan 2015:** Familiarisation visit by members of Inner Wheel Club, Dehradun.
3. **14<sup>th</sup> Jan 2015:** Maharani Raj Laxmi, Member of Parliament, visits Saheli Women's Shelter.
4. **20<sup>th</sup> Jan 2015:** Outreach program: Sapera Basti, Rajpur.
5. **26<sup>th</sup> Jan 2015:** Girls of Saheli Shelter give performance in St Judes School on Republic Day.
6. **16<sup>th</sup> Feb 2015:** Outreach program: Veer Jabbar Basti, Rajpur.
7. **21<sup>st</sup> Feb 2015:** Prakash, 9 year old inmate of Saheli Shelter, undergoes surgery in PGI, Chandigarh.
8. **1<sup>st</sup> March 2015:** Four senior girls of the Saheli Shelter join 3 month computer course.
9. **5<sup>th</sup> March 2015:** Pallavi & Dev, two lost children, were brought to the shelter by police. Parents were found after 3 days.
10. **28<sup>th</sup> March 2015:** Outreach program: Kathbanglow 2 slums in Kishanpur, Dehradun.
11. **30<sup>th</sup> April 2015:** Saheli Women's & Children's Shelter shifts to a bigger and more spacious house.
12. **10<sup>th</sup> May 2015:** Summer Camp for Children organized to raise funds for Saheli Shelter.
13. **May 2015:** Two victims of domestic violence, Sulochana & Archana rescued and helped.
14. **17<sup>th</sup> June 2015:** "Little Angle's Creche" inaugurated.
15. **23<sup>rd</sup> June 2015:** Outreach program: New Khala Goan, Shanshai Ashram, Dehradun.
16. **10<sup>th</sup> July 2015:** Tree plantation drive during monsoons in association with Citizens For Green Doon
17. **18<sup>th</sup> July 2015:** Outreach program: Teach Girls NGO near Rispana Bridge.
18. **22<sup>nd</sup> July 2015:** Outreach program: New Khala Goan, Shanshai Ashram, Dehradun
19. **9<sup>th</sup> August 2015:** Street play on Domestic Violence by girls of Saheli Women's Shelter
20. **17<sup>th</sup> August 2015:** Gender Sensitization Talk to children of Government Intercollege, Kisanpur
21. **3<sup>rd</sup> September 2015:** Talk on Domestic Violence in Rajpur Slums, Kathbanglow 2.
22. **18<sup>th</sup> September 2015:** "Hear me O Himalayas" Exhibition in Habitat Center, New Delhi.
23. **11<sup>th</sup> October 2015:** "Ride For Peace" Motorcycle Rally in support of Saheli Trust
24. **1<sup>st</sup> November 2015:** Delegation from Bal Vinitha Ashram visits Saheli Women's Shelter.
25. **29<sup>th</sup> November 2015:** Outreach program: Slums of Patel Nagar
26. **23<sup>rd</sup> December 2015:** Outreach program: "Muslim Colony" Buddi Village

## Saheli Gyan



As a step towards empowering youth, Saheli Trust joined the campaign under the Government of India's "PM Youth Skill Development Project". The project aims at giving vocational training to unemployed youth. Two batches comprising of 60 students in all, completed the course by December 2015 and most of them have got employment soon thereafter, in fact, some got employed midway during the course.

Looking after Saheli Gyan, the part of Saheli Trust handling vocational training, is Assistant Project Manager, 21 year old Shivani Singh, a commerce student who has worked since her school life for empowering women at her own personal level. She is a highly motivated, energetic and innovative young lady full of ideas.



Students of "Galaxian School", a small rural school on the outskirts of Dehradun, being given vocational training in "Retail Sales" under the National Skill Development Council.



# Accounts

Saheli  
C/o The Himalayan Academy  
Soola Kalan, Chandrabani  
Dehradun

Balance Sheet as on 31st March 2015

Liabilities	Amount	Assets	Amount
<b>General Fund</b>		<b>Fixed Assets</b>	
Opening Balance	4,682.40	As per Schedule 'A'	150,296.62
<b>Add:</b>		<b>Investments</b>	
Excess of Income Over Expenditure	182,651.41	187,333.81	
	<u>187,333.81</u>	FDR with Allahabad Bank	1,300,000.00
<b>Earmarked Fund</b>		FDR with Bank of India	85,697.61
Opening Balance	120,700.00	Accumulated Interest on FDR	33,100.72
<b>Add:</b>		<b>Current Assets</b>	
Donations	1,178,826.00	Tax Deducted at Source	4,007.10
	<u>1,178,826.00</u>	Closing stock	65,385.00
<b>Fixed Assets Fund</b>		<b>Cash &amp; Bank Balances</b>	
Opening Balance	33,949.62	Cash-in-hand	39,233.39
<b>Add:</b>		Bank of India	5,607.39
Purchases during the year	95,870.00	Allahabad Bank	103,183.00
	<u>95,870.00</u>		
<b>Less:</b>			
Depreciation	17,563.00		
	<u>17,563.00</u>		
<b>Unsecured Loans</b>			
Dr. Nitin Pandey	20,000.00		
Ms. Shanti Kaushik	20,000.00		
Smt Manju Kaushik	13,000.00		
<b>Current Liabilities &amp; Provisions</b>			
Rent Payable	21,854.00		
Salary Payable	63,100.00		
Audit Fee Payable	11,400.00		
	<u>96,354.00</u>		
	<u>1,786,510.43</u>		<u>1,786,510.43</u>

Notes to Accounts - Schedule 'B'

For Saheli

(Trustee)

(Trustee)

Place: Dehradun  
Date: 26-10-2015

As per our Audit Report of even date

For Ravi Maheshwari & Co.  
Chartered Accountants



*Ravi Maheshwari*  
(Ravi Maheshwari)  
Partner

Saheli  
C/o The Himalayan Academy  
Sothi Kalan, Chandrabani  
Dehradun

Trading Account for the year ended on 31st March 2015

<u>Particulars</u>	<u>Current Yr.</u>	<u>Particulars</u>	<u>Current Yr.</u>
To Raw Material	52,251.00	By Sale of Handicraft Items	259,499.00
To Salaries:		By Grant received from	
Workers	99,600.00	Sir Ratan Tata Trust	300,000.00
Sales Persons	39,700.00	By Closing stock	65,385.00
Program Manager	<u>50,000.00</u>		
	189,300.00		
To Other Expenditure:			
Advertisement	7,333.00		
Misc.	15,240.00		
Postage & Courier	5,390.00		
Sales Incentive	<u>520.00</u>		
	28,493.00		
To Shop Rent	84,270.00		
To Repair & Maintenance	12,303.95		
To Net Income trfd to I & E a/c	<u>298,266.05</u>		
	<u>366,617.95</u>		<u>664,884.00</u>

Notes to Accounts - Schedule 'B'

For Saheli

(Trustee)

(Trustee)

Place: Dehradun  
 Date : 26-10-2015

As per our Audit Report of even date

For Ravi Maheshwari & Co.  
 Chartered Accountants



*Ravi Maheshwari*  
 (Ravi Maheshwari)  
 Partner

Sahel  
C/o The Himalayan Academy  
Scola Kahan, Chandrabani  
Dehradun

Income & Expenditure Account for the year ended on 31st March 2015

<u>Expenditure</u>	<u>Current Yr.</u>	<u>Income</u>	<u>Current Yr.</u>
<u>To Shelter expenses:</u>		By Donation	372,521.00
Electricity	15,029.00	By Interest on FDR	39,539.22
Salaries	143,000.00	By Net Income trfd from Trading a/c	298,266.03
Rent	60,000.00		
Feeding exps	93,203.00		
School/Tuition fee	27,997.00		
Local conveyance	37,146.00		
Repair & maintenance	6,203.00		
Telephone	1,900.00		
Stationery	16,866.00		
Consumables	14,130.00		
Misc expenses	41,337.00		
Medical treatment	26,950.85		
Clothing & Footwear	29,669.00		
Festival exps	1,945.00		
	<u>514,775.86</u>		
To Office expenses	740.00		
To Bank Charges	1,696.00		
To Printing & Stationery	458.00		
To Repair & Maintenance	11,350.00		
To Salary	62,168.00		
To Advertisement	430.00		
To Legal expenses	4,100.00		
To Fuel expenses	10,730.00		
To Misc Expenses	15,937.00		
To Audit Fee	11,400.00		
To Fixed Assets Fund	91,870.00		
To Excess of Income Over Expenditure	182,651.41		
	<u>910,326.27</u>		<u>910,326.27</u>

Notes to Accounts - Schedule 'B'

For Sahel

(Trustee)

(Trustee)

Place: Dehradun  
 Date : 26-10-2015

As per our Audit Report of even date

For Ravi Maheshwari & Co.  
 Chartered Accountants



*Ravi Maheshwari*

(Ravi Maheshwari)  
 Partner

## **Institutional Donors**

- 1. Gyan Jyoti Trust**
- 2. Indian Institute of Chartered Accountants**
- 3. Oil & Natural Gas Commission**
- 4. Sir Ratan Tata Trust**
- 5. Tara Foundation**